






# January 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p><b>PLEASE NOTE</b> MENUS SUBJECT TO CHANGE WITH RD APPROVAL</p>			<p><b>happy new year</b> <b>CLOSED</b></p>	<p><b>Baked Chicken</b>  <b>Pea Salad</b> <b>Sweet Potato</b> <b>Mandarins</b> <b>WW roll</b> <b>Brownie</b></p>
<p><i>SENIOR NUTRITION</i> <i>CLOSED ON</i> <i>FRIDAYS</i></p>	<p><b>Fish Taco</b> w/ lettuce, tomato &amp; onion <b>Brown Rice</b> <b>Tartar Sauce</b>  <b>Mexi-Slaw</b> <b>Tangerine</b></p>	<p><b>Orange Chicken</b> w/ brown rice  <b>Spinach Salad</b> w/ mandarins  <b>Orange</b></p>	<p><b>Beef Chili</b>  <b>Summer Squash</b> w/red peppers  <b>Grapes</b> <b>Cornbread</b></p> 	<p><b>Veggie Lasagna</b> w/ marinara  <b>Strawberry Applesauce</b> <b>WG Breadstick</b></p>
<p><i>ALL MEALS</i> <i>INCLUDE 1% MILK</i> <i>* BUTTER IS OFFERED</i> <i>WITH ROLLS</i></p>	<p><b>Teriyaki Chicken</b> w/ brown rice  <b>Peas &amp; Carrots</b>  <b>Tangerine</b></p>	<p><b>Chef Salad</b> w/ ham &amp; turkey  <b>Mandarins &amp; Tropical Fruit</b>  <b>WW Roll</b></p>	<p><b>Beef Barley soup</b>  <b>1/2 ham &amp; cheese sandwich</b> on WG bread w/ lettuce &amp; tomato  <b>Orange</b></p> 	<p><b>Mac &amp; Cheese</b>  <b>Brussel Sprouts</b>  <b>Apple</b> <b>WW Roll</b>  <b>Jello w/banana</b></p>
<p> <b>GREAT NORTHERN</b> - services -</p>	<p> <b>CLOSED</b></p>	<p><b>1/2 Tuna Sandwich</b> on WG Bread  <b>Pea Salad</b>  <b>Orange</b></p>	<p><b>Veggie Frittata</b>  <b>Oven potatoes</b>  <b>Banana</b> <b>WW Roll</b></p>	<p><b>Beef stew</b> w/ carrots and potatoes  <b>Fruit cocktail</b>  <b>Cornbread Muffin</b></p>
<p> <b>MEAL CONTAINS</b> <b>MORE THAN 1000 MG</b> <b>OF SODIUM</b></p>	<p><b>Veggie Tortellini</b> w/ marinara Peppers, onions, spinach, tomato  <b>Orange</b> <b>WW Garlic Bread</b></p>	<p><b>Cheeseburger</b> w/lettuce, tomato, onion WW Bun  <b>Sweet Potato Fries</b> <b>Grapes</b></p>	<p><b>Chicken Taco Salad</b> w/ lettuce, tomato, onion <b>Salsa</b> <b>Tortilla Chips</b>  <b>Bananas &amp; mixed berries</b> <b>WW Roll</b></p>	<p><b>Sweet &amp; Sour Pork</b> w/ red peppers &amp; pineapple over brown rice  <b>Peas and carrots</b>  <b>Mandarins</b></p> 